

We can help you get a new job

If your contract is terminated due to shortage of work or illness, or after a fixed-term employment contract has expired, Trygghetsfonden TSL (the TSL Job Transition Foundation) can help you get a new job, start your own business, or start studying. The support is included in the collective agreement that applies at your workplace and is free of charge for you.

What the support includes

We offer a personal job coach who supports you along the way based on your situation. For example, the job coach will help you with contacts, applications and CVs, as well as interview prep. You can also get support in contacts with authorities such as the Swedish Social Insurance Agency and the Swedish Public Employment Service.

If you have special needs as a result of illness, you can get health-adapted, reinforced support, with the goal of getting a new job based on your ability to work.

You may be eligible for a special training measure, if it will increase your matches within the labour market and can quickly lead to a new job. You can also get help with validation, which means affirming something you already know and making it visible to others.

If you have reached the age of 40, you may also be entitled to a form of financial compensation called severance pay (*avgångsbidrag*, AGB).

If you decide that you want to start a longer course of study, for example towards a new profession, you can receive career and study guidance from Trygghetsfonden TSL. There are also various financial support options that allow you to keep most of your previous income while you undergo training or education.

How it works:

If your contract is terminated due to shortage of work, your employer and trade union representative apply for the support. If your contract is terminated due to illness or after your fixed-term employment contract has expired, you can also apply yourself. The application is made on our website, TSL.se.

1. Trygghetsfonden TSL will contact you to talk about your situation and what continued support you can get.
2. If you accept continued support, you will get your own, personal job coach to help you.
3. The job coach supports you along the way to a new job, or as you start your studies or launch a new business.
4. If necessary, you also have the opportunity to undergo a special training measure.
5. If you are over 40 years old, you can get help to apply for severance pay (AGB) from Afa Försäkring.

Basic conditions for receiving support:

- Your last employer has a collective agreement that falls within the agreement area of the Confederation of Swedish Enterprise and the Swedish Trade Union (LO).
- You have worked at least 12 of the last 24 months.
- You are less than 65 years old.

For certain aspects of the support, additional conditions apply.

More information and personal help

More information about the support can be found on our website, TSL.se. At the top of the site there is a tool that allows you to change the language.

You are welcome to contact us for personal help:

- Via telephone: 010-480 91 20

- By e-mail: info@tsl.se