

Job transition support

– when you have lost your job

We will help you find a new job, start your own business or start studying. Support for those who are blue-collar workers in companies with collective agreements.

The job transition support from Trygghetsfonden TSL can help you when your employment contract is terminated due to a lack of work, illness or when your fixed-term contract has ended. This support means that we will help you find a new job, start your own business or start studying.

The support may include short training courses, if this increases your chances of finding a new job. And if you're above the age of 40, you may be entitled to severance pay. If you decide that you want to attend a longer training programme, you can receive career and study guidance. In this case, you may also be able to receive financial support while you are studying.

The job transition support from Trygghetsfonden TSL is free of charge for you. You can read more about the conditions for the support on page 3.

- You will be assigned your own job coach, who will actively help you in your job search – including with contacts, writing your CV and preparing for interviews.
- We help an average of 15,000 people every year. Of those who come to us, 9 out of 10 find a new job that is usually just as good or better than their previous one.

How the support works



Applying for support

If your employment contract is terminated due to a lack of work, it is your employer, along with a trade union representative, who will apply for the support on your behalf. The same applies if your employer goes bankrupt. If your employment contract is terminated due to illness or you have had a fixed-term employment that has come to an end, you can also apply yourself. The application is always made at TSL.se.

Scan the QR code to watch a short video explaining the support:



Mapping session

Once we have confirmed that you meet the eligibility criteria for the support, we will contact you to arrange an initial session. You will meet with a job transition advisor from Tryggfonden TSL, who will tell you more about the support. Together, you will also map out your needs and circumstances so that we can help you in the best possible way.



You will be assigned your own job coach

Once you have accepted continued support, you will be assigned your own job coach who can help you, for example, to find and apply for jobs, make contact with employers and prepare for interviews. The coach can also support you in your contacts with authorities, such as the Public Employment Service and the Social Insurance Agency.



Reinforced support in case of illness or health-related needs

Once you have been granted job transition support, reinforced support is available if you have particular health-related needs. This support includes extra measures that will help you find a new job suitable for your work ability.



Training and validation

The support may include a short training or validation initiative, if this will improve your chances of finding a new job. Validation means affirming something you already know and making it visible to others, in cases where you do not have a certificate or diploma "on paper".



Starting your own business or a longer training programme

If you want to start your own business, we can advise you about this. If you decide that you want to attend a longer training programme, you can get help from our career and study guides. In this case, you may also be eligible to receive student finance for transition and retraining from CSN, as well as an additional collectively agreed study grant from Tryggfonden TSL.



Severance pay (AGB)

If you have reached the age of 40 and meet certain other conditions, you may be entitled to severance pay. This is a one-off financial compensation that you apply for yourself from Afa Försäkring. Your most recent employer needs to sign the application before it is submitted.

Conditions for receiving support

• You are covered by Trygghetsfonden TSL

To be eligible for support from Trygghetsfonden TSL, your most recent employment must have been at a company with a collective agreement within the agreement area of the Confederation of Swedish Enterprise and the Swedish Trade Union Confederation (LO). You can find out about this at hittaomstallningsorg.se.

• We work on the basis of your situation

You can receive the support if any of the following apply to you:

- your employment contract has been terminated or you have agreed with your employer to leave your job due to a lack of work
- your employment contract has been terminated or you have agreed with your employer to leave your job due to illness
- you have had a fixed-term contract that ended after 1 October 2022
- your employer has gone bankrupt

• You have worked 12 of the last 24 months

You need to have worked an average of at least 16 hours per week over a calendar month for at least 12 of the last 24 months, counting back from your last day of employment. The 24-month timeframe can be extended, for example if you have been on parental leave, military service or sick leave.

• You are less than 65 years old

You can receive the support until you are 64 years and 11 months old.

• Special conditions for student finance

To be eligible for financial support while you are in education or training, you also need, for example, to have worked at least 16 hours per week over a calendar month for at least 96 months (8 years) within the last 14 years.

Want to know more?

More information, news and inspiration can be found on our website, TSL.se. You can also apply for our support there. You can also contact us with any questions by phone or by e-mail:

Phone 010-480 91 00 (open weekdays 08.00-17.00)
E-mail info@tsl.se

Trygghetsfonden 

Job transition organisation for blue-collar workers in the
Confederation of Swedish Enterprise's and LO's agreement area.